

# Substance Misuse & Mental Health Resources

<https://www.brevardprevention.org/> • Dial 211 • [www.myfloridamyfamily.com](http://www.myfloridamyfamily.com)

HOTLINES   Mental & Behavioral Health		FOR IMMEDIATE ASSISTANCE & HELP	
Help Line 24/7 Anyone	National Suicide Prevention Lifeline	<b>English:</b> 800-273-8255   <b>Spanish:</b> 800-628-9454   <b>TTY:</b> Dial 771 OR 800-273-8255	
Help Line 24/7 Anyone	NAMI Helpline & Crisis Text Line	<b>Helpline:</b> 800-950-6264   <b>24/7 Crisis Text Line:</b> Text NAMI to 741-741	
Hotline 24/7 Parents/Youth	Family Support Warm Line <i>Children's Home Society</i>	888-733-6303	FREE mental health hotline available to ANYONE in Florida via call or text. This is for parents and teens feeling stressed and overwhelmed.
Hotline 24/7 Parents/Youth	Mobile Response Team <i>(MRT): Brevard CARES</i>	321-213-0315	Brevard C.A.R.E.S. Mobile Response Team (MRT) provides free on-demand and on-site crisis intervention to children and families in Brevard County.
Hotline 24/7 Parents/Youth	The Parent Stress Line	800-632-8188	The Parent Stress Line is a toll-free, confidential helpline for parents who need to discuss issues related to their children.
Help Line 24/7 Anyone	Mental Health Helpline	800-950-6264	For individuals and their loved ones who may be experiencing a mental health crisis.
Help Line 24/7 Vets & Family	Veterans Crisis Hotline	800-273-8255	For veterans and their family members who are experiencing a crisis.
Help Line 24/7 Anyone	Optum Public Crisis Line	866-342-6892	Emotional Support Help Line that is available to anyone, even if they are not a UMR or United Healthcare plan member. Available free of charge.
Help Line 24/7 Anyone	Disaster Distress Hotline	800-985-5990	Help dealing with COVID-related stress.
HOTLINES   Substance Misuse & Addiction		FOR IMMEDIATE ASSISTANCE & HELP	
211 Brevard	Dial 211 -OR- 321-632-6688	Text the word OPIOID to 898211	Info & Referral Line: Care Coordinator will telephonically assess needs then link with appropriate treatment & support services.
Help Line Parents	Partnership To End Addiction	Text the word CONNECT to 55753	Our helpline is for anyone who is playing a supportive role in the life of a young person struggling with substance use. <a href="https://drugfree.org/get-support-now/">https://drugfree.org/get-support-now/</a>
Help Line 24/7	National Drug Helpline	844-289-0879	Provides resources for anyone dealing with addiction issues, including family members and other loved ones.
Help Line 24/7	SAMHSA's Nat. Helpline	800-662-4357 TTY: 800-487-4889	AKA: Treatment Referral Routing Service is for individuals and family members facing mental and/or substance use disorders.
Mental Health & Recovery Support Services			
Support & Transportation	RASE Project 321-305-4397	Maternal Peer Support: For pregnant women who have been identified by the FDH as needing substance use interventions. • Transportation: For ANYONE needing transportation to AA or NA meetings.	
Support Group (All Kinds)	Peer Support Space <a href="https://peersupportspace.org/">https://peersupportspace.org/</a>	Held in-person or virtual, for diverse peer-led recovery communities of ALL kinds, navigating mental illness and/or substance misuse challenges, neurodivergence, disability, grief, trauma, and much more.	
Support Kids & Youth	Project Noelle <a href="mailto:keliclarck@projectnoelle.org">keliclarck@projectnoelle.org</a>	Support for children and youth who have been affected by the opioid epidemic. Kids & Teen support groups, emergency assistance with clothing & diapers, Christmas gifts and Easter basket assistance.	
Support Group Families	Peace Club	321-420-1778	Free Family Support Groups & Sobriety Coaching. <a href="https://peaceclub/services">https://peaceclub/services</a>
Peer Support Network	BRAVES Peer Network	321-302-5171	Peer Network for individuals who are in recovery from mental illness and substance use. BRAVES advocates for people in long term recovery. <a href="http://bravespeernetwork.com/">http://bravespeernetwork.com/</a>
(NA) Meeting - Space Coast	Narcotics Anonymous	321-631-4357	<a href="https://www.spacecoastna.org/meetings/">https://www.spacecoastna.org/meetings/</a> or <a href="https://www.na.org/">https://www.na.org/</a> <a href="https://www.peacelutheranpb.org/aa">https://www.peacelutheranpb.org/aa</a>
(AA) Meeting - Space Coast	Brevard Intergroup AA Meetings	321-724-2247 321-633-0052	<a href="http://www.aaspacecoast.info/">http://www.aaspacecoast.info/</a> or <a href="https://www.aa.org/pages/en_US">https://www.aa.org/pages/en_US</a> <a href="http://www.aaspacecoast.info/WhereWhen.htm">http://www.aaspacecoast.info/WhereWhen.htm</a>
(OP) OUTPATIENT - (IOP) INTENSIVE OUTPATIENT   Substance Misuse & Addiction			
Adults IOP / PHP	JourneyPure 321-259-1662	(IOP) & (PHP) provide a structured treatment program for those who wish to live at home. <a href="https://journeypure.com/outpatient/melbourne/">https://journeypure.com/outpatient/melbourne/</a>	
Adults OP / MAT	RASE Project 321-305-4397	The MARS Program: The program assists individuals with Opioid Use Disorder, and who are being prescribed Buprenorphine/Suboxone or Vivitrol.	
Adults - OP Youth IOP / OP	Peace Club 321-420-1778	Adult OP: Medication-Assisted Treatment for those discharging residential or IOP programs. Youth IOP: Ages 13-17 substance use treatment & criminal justice advocacy. <a href="https://peaceclub/services">https://peaceclub/services</a>	
Adults IOP	Space Coast Recovery 321-632-5958	For individuals who are court ordered to treatment OR for personal limitations prohibiting residential treatment. <a href="https://spacecoastrecovery.com/">spacecoastrecovery.com/</a>	
Adults OP / MAT	Central Florida Treatment Center	321-951-9750 321-631-4578	(MAT) Medication Assisted Treatment for Opioid Dependence (Outpatient Methadone Maintenance).
Adults, Vets, 1st Responders	TTC Healthcare PHP / IOP / OP	321-794-0158	Mental health & substance use services, medication management, psychiatric services, telehealth available. <a href="https://www.transformationtreatmentcenter/">https://www.transformationtreatmentcenter/</a>
Adults, Youth OP	Aspire	321-726-2889	Treatment & Counseling services including drug education, intervention services, DUI classes, and drug court programs. <a href="https://aspirehealthpartners.com/">https://aspirehealthpartners.com/</a>
Adults, Youth, Pregnant, Veteran	STEPS: OP & Day Treatment	321-637-7730	Treatment and Counseling Services Available & Medication Assisted Treatment. *Infant or small child may attend treatment with parent <a href="https://www.flsteps.org/">https://www.flsteps.org/</a>
Adults PHP / IOP / OP	Purpose Recovery Center	888-663-8579	Clinical services along with medication assisted treatment services, individual, family, and group counseling services. <a href="https://purposerecoverycenter.com/">purposerecoverycenter.com/</a>
Adults OP / MAT	Groups Recover Together	407-392-0849	Provide Outpatient MAT Opioid Use Disorder Addiction Treatment (currently virtual).
Youth IOP / OP Age (12-18)	Purpose Recovery Center	888-663-8579	Juvenile Intensive Outpatient Program for adolescents age 12-18, designed for youth struggling with substance use and mental health.

<b>INTERVENTION / COURT ORDERED   Substance Misuse &amp; Addiction</b>			
Adults	Space Coast Recovery 321-632-5958		Drug and Court Ordered Programs, complies with criminal justice requirements for probation, DUI, or to obtain & maintain driver's license. <a href="https://spacecoastrecovery.com/">spacecoastrecovery.com/</a>
Adults, Youth	Peace Club 321-420-1778		<b>Interventions:</b> In person or over the phone. <b>Youth IOP Program:</b> Relapse prevention, weekly drug testing, criminal justice advocacy & more. <a href="https://peace.club/services">https://peace.club/services</a>
Adults, Youth	Aspire 407-875-3700 Opt: 3		●Drug Education ●Prevention & Intervention Services ●DUI Classes ●Drug & Court Programs ●Community Referrals & Court Order Programs <a href="https://aspirehealthpartners.com/">https://aspirehealthpartners.com/</a>
Adults, Youth	STEPS 321-637-7730		●Prevention & Intervention Services ●DUI Classes ●Drug & Court Programs ●Anger managements classes ●Batterers Intervention Classes <a href="https://www.flsteps.org/">https://www.flsteps.org/</a>
<b>(IP) INPATIENT – DETOX - RESIDENTIAL   Substance Misuse &amp; Addiction</b>			
Adults Detox	JourneyPure	321-259-1662	Provided by licensed medical professionals, who monitor vital signs and keep you safe, healthy, and as comfortable while you go through detox.
Adult Male	Space Coast Recovery	321-632-5958	<b>Residential program</b> serves adult men and provides treatment, housing, meals, and group therapy. <a href="https://spacecoastrecovery.com/">spacecoastrecovery.com/</a>
Adult Women Residential	STEPS	407-884-2125	Inpatient/residential program for women, pregnant women, and women with small children. <a href="https://www.flsteps.org/">https://www.flsteps.org/</a>
Adults IP & Detox	Addictions Receiving Facility: Aspire	321-875-3700 Opt. 3	Crisis / In Patient DETOX, Substance Abuse, Mental Health & much more. <a href="https://aspirehealthpartners.com/">https://aspirehealthpartners.com/</a>
Adults IP & Detox	University Behavioral Center	407-281-7000	Inpatient DETOX program & an addiction rehab program. <a href="https://universitybehavioral.com/">universitybehavioral.com/</a>
Male Youth Ages (12-15)	Brevard Group Treatment Home	321-726-2889	<b>Male Youth Offenders:</b> 3-9months residential treatment program. Juvenile justice programs, prevention ed. & school on site. <a href="https://aspirehealthpartners.com/">https://aspirehealthpartners.com/</a>
Adults, Vets, 1st Responders	TTC Healthcare: IP / Detox	321-794-0158	Mental health & substance use services, med. management, psychiatric services, residential & detox services. <a href="https://www.transformationtreatmentcenter/">https://www.transformationtreatmentcenter/</a>
Youth Detox	Children's Crisis Stabilization Unit	321-722-5200	Inpatient program that provides DETOX and stabilization services for substance abuse crisis situations affecting children and adolescents. <i>Melbourne Location.</i>
Adults IP & Detox	Circles of Care: Twin Rivers	321-722-5200	Provides DETOX and intensive residential program for the treatment of chemical dependency. <i>Melbourne Location. *Drop-in DETOX Available</i>
<b>RECOVERY HOUSING – RAPID RE-HOUSING   Substance Misuse &amp; Addiction</b>			
Adults	JourneyPure	321-259-1662	<b>Recovery Houses:</b> provides housing throughout treatment. Sober Living Houses (SLHs) provides safe, supportive living during recovery.
Female Veterans	Operation Center Focus: Aspire	321-726-2889	<b>Transitional Housing</b> for recovering or homeless female veterans ( <b>Located in Brevard County</b> ) <a href="https://aspirehealthpartners.com/">https://aspirehealthpartners.com/</a>
Adults	Eckerd Connects 321-735-7249		Helps with move-in assistance for families or individuals who have an identified history of substance use and are currently experiencing homelessness or are at imminent risk of homelessness.
<b>COUNSELING SERVICES   Mental/Behavioral Health</b>			
Adults, Youth	Lifetime Counseling Center	321-632-5792	Mental Health & Substance Use counseling to adults, children, and adolescents, including on-site services in local schools. <a href="https://www.lccbrevard.org/">https://www.lccbrevard.org/</a>
Veterans & Family	University Behavioral Center	407-281-7000	Provide therapeutic services that treat military mental health and substance use/addiction issues. <a href="https://universitybehavioral.com/">universitybehavioral.com/</a>
Youth, Family	Children's Home Society	321-752-3170 Ext: 280	Comprehensive Counseling is offered in homes, schools, offices, and online via telehealth. <a href="https://chsf.org/locations/space-coast/">https://chsf.org/locations/space-coast/</a>
ALL	True You Brevard	321-613-8685 321-222-7544	Offers mental health, substance use/addiction, and other counseling services. <i>*Telehealth Available</i> <a href="https://trueyoualways.com/">https://trueyoualways.com/</a>
Adults, Youth, Pregnant, Veteran	STEPS: OP & Day Treatment	321-637-7730	Treatment and Counseling Services Available & Medication Assisted Treatment. <i>*Infant or small child may attend treatment with parent</i> <a href="https://www.flsteps.org/">https://www.flsteps.org/</a>
Adults, Youth	Aspire	321-726-2889	Counseling including intervention services, individual, family, and group counseling, psycho-educational programming, etc. <a href="https://aspirehealthpartners.com/">https://aspirehealthpartners.com/</a>
Youth	Aspire: Children's Medication Clinic	407-875-3700 Opt: 3	Mental health services, prevention, and medication management for youth with serious behavioral & emotional problems. <a href="https://aspirehealthpartners.com/">https://aspirehealthpartners.com/</a>
Youth	Behavior Basics	321-425-3231	Provides on-site and in-home ABA therapy and parent education services to children and families in Brevard. <a href="https://behaviorbasicsinc.com/">behaviorbasicsinc.com/</a>
Adults, Youth Ages 4+	Coastal Psychiatric Urgent Care	321-586-5444	Medication Management, Individual, Couples, Family, Grief & Crisis, Mental and Substance Use Counseling, Referrals, and links to community resources.
ALL	Circles of Care	321-952-6000	Outpatient counseling, psychiatric evaluation and medication management to adults and children and families. Melbourne location also has an on-site pharmacy.
Youth Male	Family First Adolescent Services	561-328-7370	Offers day-night with community housing, coupled with educational and family programming, as well as intensive outpatient programming.
ALL	Brevard Health Alliance	321-241-6800	Offers free to low-cost behavioral health services. Uninsured patients are offered discounted fees based on income and family size.
Children & Family 24/7	Angels for Kids 407-720-8887		Community Behavioral Health Center and offers an array of individual and family services. <a href="http://www.angelsforkidsoncall.com/angels-for-kids-on-call-247.html">http://www.angelsforkidsoncall.com/angels-for-kids-on-call-247.html</a> ● <a href="https://angelsforkidsoncall.com/">angelsforkidsoncall.com/</a>
Adults, Youth	Peace Club: 321-420-1778		Mental health & substance use/addiction, individual & family, anxiety, trauma, career & relationships counseling done in person or on the phone. <a href="https://peace.club/services">https://peace.club/services</a>
<b>(IP) INPATIENT - RESIDENTIAL FACILITIES   Mental and Behavioral Health</b>			
Adolescent Children	Devereux	800-338-3738 Ext. 176422	Serves children and youth with mental health, intellectual/developmental disabilities, and behavioral health challenges. <a href="https://www.devereux.org/">https://www.devereux.org/</a>
Adolescent Children IP	Children's Crisis Stabilization Unit	321-722-5200	Inpatient program for psychiatric emergencies that are not safe to be managed on an outpatient basis.
Adults Youth	University Behavioral Center	407-281-7000	Inpatient treatment for children, adolescents, and adults in need of stabilization from acute symptoms of mental health conditions.
Adults IP / IOP	Circles of Care: 321-722-5200		Sheridan Oaks: IP Provides inpatient psychiatric care for mentally ill, chemically dependent, dually diagnosed. Cedar Village: IOP more severe mentally ill. Harbor Pines: IP Crisis Unit